

How to Take Erotic Photos of Yourself

- 1. Plan your project:** Have an idea of what you're trying to achieve. The photos will work well if you have a theme or "story" in mind. There are thousands of great examples. Dress up, and prep your set.
- 2. Find a comfortable setting.** Could be anywhere - bedroom, living room, bathroom, kitchen - as long as you feel comfortable there. Make sure it's private and safe.
- 3. Remove clutter.** The photo is of you, and a distracting background can ruin an otherwise good photo. e.g. If you're doing a kitchen shot, do the dishes and remove everything but the toaster from the counter.
- 4. Take a few test shots** to get an idea of poses, angles, lighting, and shadows. You can keep your clothes on for this part! You can hold the camera if you're using a mirror or place it on a steady surface, such as a counter, or even the floor. For good results, get a tripod. **Maybe try your test shots in the bath room or wherever you have a large mirror.**
- 5. Pick something to wear.** You don't need high-end lingerie and 6" heels. Try your bathrobe to start. Show some 'toe and loosen the belt and reveal some cleavage.
- 6. Start snapping photos, lots of them.** Use the self-timer function or a remote trigger (you will probably have to buy this separately). Check the preview screen to make sure you're actually getting yourself and not just the floor or the ceiling. Try different angles and poses - go for variety. Lots of photos is important because most will not be what you want.
7. Once you've got about 50 pics, **download them to take a break to check and adjust.** If your butt doesn't look just the way you want it, don't freak out! You can always manipulate the photo, crop it, play with the brightness, etc. but learn from it -- get back in there and try again.
8. If you don't like these results, **try again** in a different room or outfit. There's no magic combination.
- 9. Lighting is the key to your success. Never use a flash.** Try to always use natural light. If you're bold, find a spot outdoors or near a window. Build a simple light board with cardboard and tinfoil. Bounce real light where needed.
10. It can take 100 snaps to get 5 good ones, **so snap lots.**

Great example of a mirror shot.

Put on a wig, wear some big sunglasses and you become fully anonymous.

Any large mirror works just fine... remember, no flash!



Images from <http://www.eroticismirror.de>

Miscellaneous Tips

* If you share a computer, it would be best to save onto either your USB Disk, or any suitable memory card, or onto a disk (you probably shouldn't label it something like "Private" if you have nosy friends; that will just draw attention to it).

* Light! Lots and lots and lots of light! Most digital cameras will automatically reduce the brightness to a suitable level. If there is not enough light to begin with, you, or your surroundings will be very poorly lit. Sometimes you want the 'dark' look, but if in doubt - start with more light, you can always darken it in the computer later.

* Candles will give your photos a lovely, orangey glow and be just a little more flattering for your figure.

* Don't be intimidated by the results in your camera's preview screen. You can always manipulate the photo later. Wait till you see the photos on your computer screen before you delete them.

* Use Picasa (from Google) to organize/enhance your images. It's a great product and it's free. To find it, go to Google and enter Picasa.

* If your photos come out too dark or too bright, play with the "Levels" tool as well as Brightness/Contrast to achieve a good look.

* The best photos don't always involve people standing straight in front of the camera staring into the lens. Try unusual angles and close-up shots.

* Your facial expression can be one of the most erotic aspects of the photo. Have an inviting, turned-on expression. Even if you don't plan to use your face in the photo, your body will perform better if you have an erotic expression. Come on, fake it!

* Also, it may be easier if you ask a close friend to take the pictures...

* Lots and lots of candles, both in front of you and behind you. Candle lighting is extremely flattering.

* Give yourself something to hold or do, this makes you look less selfconscious. Hold a flower, a teacup, or even a piece of jewelry. If you're going anonymous, big hits and sunglasses work wonders.

* NOT looking at the camera can make for very intimate pictures too.

* A feather boa may seem over the top, but it can make an erotic photo look spectacular. You can often rent them at the local costume shop.

* Look over photos in magazines, and realize that many of those poses are extremely uncomfortable, even if they look 'hot'. You draped in the sofa may 'feel' sexy, but just look like a lumpy, saggy body. Note what the camera 'sees', not always what seems to 'feel' like a good pose.

How many pics does your camera hold?

Shooting at 3MB with 2GB of memory will give you about 700 shots. 3MB is plenty of resolution.

	256MB	512MB	CDRom	1GB	2GB
3 MP	87	175	222	350	700
4 MP	65	130	165	260	520
5 MP	52	102	286	408	816
6 MP	38	76	224	320	640
7 MP	34	68	182	260	520
8 MP	21	42	210	300	420
12 MP	14	29	210	300	420
16 MP	12	25	210	300	420

Images from <http://www.erotismirror.de>

How to Look Sexy when Naked

1. Put some time aside when you are going to practice being naked (while reading, listening to music, doing some exercises, while watching TV, cooking, reading the morning paper, knitting fancy sweaters and socks, etc.).
2. Improve your posture. Even if your body is not striking, good posture makes a difference.
3. Work Out! Having a hot body will only help you look even more sexy when in the nude.
4. Smile. Happy naked people are more sexy than the other kind.
5. You can always complement your nakedness with a small accessory that may give you the extra confidence you need - perhaps a nice necklace or earrings, or a watch.
6. Make sure you are squeaky clean while nude: fix your fingernails and toenails, take a shower or bath, use a nice perfume or cologne. Also pay attention to body hair, as you might want to groom and/ shave any areas that might need shaving.
7. Try to put yourself in a situation where somebody can appreciate this - not necessarily in an erotic sense. This ranges from being with your partner, getting a massage, being a nude model for painters or photographers, or taking up exotic dancing.
8. **Be aware of lighting. Candlelight is almost always flattering.**
9. Have fun!
10. BE CAREFUL. You can't have fun if you get hurt. NEVER shoot with anyone you don't intimately trust.

* Confidence is the ultimate sexiness. If you are in an intimate situation, remember that your partner is probably ecstatic just to tag along. If they aren't, consider finding a partner who will appreciate it!

* Make sure that you do things that you wouldn't normally do in the nude. Doing these things will begin to make it feel more natural and in return make it feel normal. If you feel sexy when in normal situations then chances are you will feel sexy in these normal moments while nude.

Next page for some examples of mirror shots...



Lighting is everything!

